

BAAL Educational Event

An interprofessional approach to improving care for patients with liver disease

Friday 19th September 2025

Institute of Translational Medicine, Queen Elizabeth Hospital Birmingham

Registration/Refreshments (9:30 -10:00)		
Interprofessional management and its impacts on quality of life in MASLD CHAIR: <i>Suzanne Lester and Lynsey Spillman</i>		
10:00-10:05	Welcome and Introduction	Dr Felicity Williams (Physiotherapist, Birmingham)
10:05:10:20	Indicators of new symptom burden in MASLD	Dr Nasir Hussain (Senior Trainee, Birmingham)
10:20-10:35	Oversight of the nutritional management of MASLD; early steatosis to decompensated cirrhosis	Jennifer Towey (Dietitian, Birmingham)
10:35-10:50	The use of GLP-1 in MASLD	Yun Kim (Pharmacist, Southampton)
<i>Break: Refreshments - tea/coffee (10:50-11:15)</i>		
11:15-11:35	Development and implementation of a structured group education programme for patients with MASLD	Dr Kate Hallsworth (Physiotherapist, Newcastle)
11:35-12:00	The role of social workers in the management of MASLD	Heather Murphy (Social Worker, Edinburgh)
<i>Lunch (12:00-13:00) (Sponsor Symposium ITM)</i>		

Practical skills-based workshops: Improving clinical care for patients with liver disease

13:00-14:40 rolling parallel sessions (25 minute) Facilitator: Ashlea Hargreaves and Aubrey McCallum

Fibroscan: Fibroscan and application to clinical practice		Maria Round (Nurse Specialist, Birmingham)
Use of wearable technology: Importance of physical activity and exercise prescription		Dr Felicity Williams (Physiotherapist, Birmingham)
Ask the expert: Diabetes management in liver disease		Rachel Halley (Clinical Nurse Specialist, Birmingham)
Ascites Management: Application to clinical practice		Dr Laurence Hopkins (Hepatologist, Birmingham)
14:40-15:00	Questions and closing remarks	Dr Felicity Williams (Physiotherapist, Birmingham)
15:00-17:00	Networking/social drinks (optional)	Staff House, University of Birmingham



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